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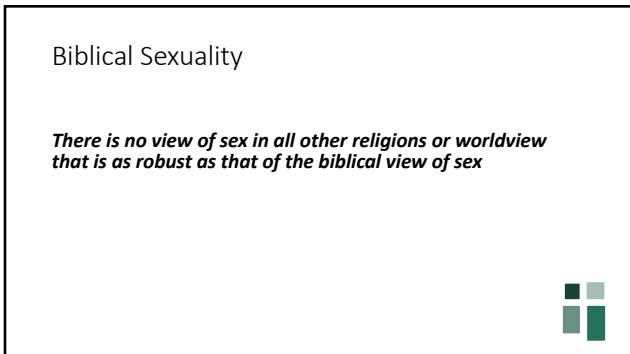
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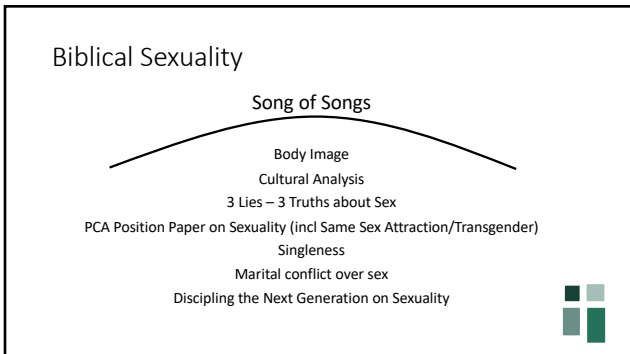
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Song of Songs

2 common approaches: Spiritual or Natural

Our approach: **Blended Approach**



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3 Lies about Sex

1. Sex is everything
2. Sex is nothing
3. Sex is the way to freedom



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Song of Songs



6

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Song of Songs



7

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Song of Songs


1:1 - *The Song of Songs, which is Solomon's.*

**She**

<sup>2</sup> Let him kiss me with the kisses of his mouth!  
For your love is better than wine;

<sup>3</sup> your anointing oils are fragrant;  
your name is oil poured out;  
therefore virgins love you.

<sup>4</sup> Draw me after you; let us run.  
The king has brought me into his chambers.



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Song of Songs

V4 continued...

**Others**

<sup>4</sup>We will exult and rejoice in you;  
we will extol your love more than wine;  
rightly do they love you.



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Song of Songs

<sup>5</sup> I am very dark, but lovely,  
O daughters of Jerusalem,  
like the tents of Kedar,  
like the curtains of Solomon.  
<sup>6</sup> Do not gaze at me because I am dark,  
because the sun has looked upon me.  
My mother's sons were angry with me;  
they made me keeper of the vineyards,  
but my own vineyard I have not kept!



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10

Song of Songs

<sup>7</sup> Tell me, you whom my soul loves,  
where you pasture your flock,  
where you make it lie down at noon;  
for why should I be like one who veils herself  
beside the flocks of your companions?



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11

Song of Songs

**He**  
<sup>8</sup> If you do not know,  
O most beautiful among women,  
follow in the tracks of the flock,  
and pasture your young goats  
beside the shepherds' tents.  
<sup>9</sup> I compare you, my love,  
to a mare among Pharaoh's chariots.  
<sup>10</sup> Your cheeks are lovely with ornaments,  
your neck with strings of jewels.



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12

### Song of Songs

**Others**

<sup>11</sup>We will make for you<sup>10</sup> ornaments of gold,  
studded with silver.



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13

### Song of Songs

**She**

<sup>12</sup>While the king was on his couch,  
my nard gave forth its fragrance.  
<sup>13</sup>My beloved is to me a sachet of myrrh  
that lies between my breasts.  
<sup>14</sup>My beloved is to me a cluster of henna blossoms  
in the vineyards of Engedi.



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14

### Body image

1. Media



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15

Body image

1. Media



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Body image

1. Media
2. Our Stories



17

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Body image

Response

- Unhelpful response: Rise above it



18

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### Body image

Healthy Response

1 Cor 6:13 – <sup>13</sup>“Food is meant for the stomach and the stomach for food”—and God will destroy both one and the other. The body is not meant for sexual immorality, but **for the Lord**, and the Lord **for the body**.



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19

### Body image

1. The body is for the Lord
2. The Lord is for the body



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20

### Body image

1. **The body is for the Lord**

1 Cor 6:19-20...  
<sup>19</sup>Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, <sup>20</sup>for you were bought with a price. So glorify God in your body.



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21

### Body image

**Romans 12:1** - I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.

**Romans 6:13** - Do not present your members to sin as instruments for unrighteousness, but present yourselves to God as those who have been brought from death to life, and your members to God as instruments for righteousness.



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22

### Body image

**1. The body is for the Lord**

"Prettyness framework" vs beauty



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23

### Body image

- 1. The body is for the Lord
- 2. The Lord is for the body



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24



Body image

2. The Lord is for the body

Ps 139:13

<sup>13</sup> For you formed my inward parts;  
you knitted me together in my mother's womb.

<sup>14</sup> Praise you, for I am fearfully and wonderfully made.  
Wonderful are your works;



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